

## Free Parenting Program

ENVISAGE is a fully funded, evidence-based program designed to help you feel **confident, connected and supported**, empowering you to make informed decisions that support your child and family.

### What You'll Learn

- How to use your child's strengths and interests to support their development
- Practical, evidence-based strategies to help you better understand and advocate for your child's needs
- Build collaborative relationships with therapists and healthcare professionals
- Foster a sense of belonging for your child
- Prioritise what is important to your family
- Increase the well-being of your child and family

### Who Can Attend

Parents and caregivers raising children with development concerns, disability and autism. Your child does not need a diagnosis or NDIS plan to attend this free workshop.



*As a single parent & mother of a beautiful child who's Autistic, I understand how overwhelming parenting can be.*

*ENVISAGE offers evidence-based strategies to not only support your child's development but ensure the wellbeing of your entire family. It connects you with other families, reminding us that we are not alone.*

*I would recommend ENVISAGE to any family raising a child with developmental concerns, disability, or autism at any stage of their journey.*

Sarah, Kindred Peer Facilitator & Educator at The Infants Home



**Monday Weekly Session**  
17 February - 17 March  
10:30 am - 12:00pm



**The Infants Home**  
17 Henry St, Ashfield



**Delivered by a Parent Peer from Kindred & Early Childhood Professional from Lifestart**

Scan the QR Code to Register



**Or Visit: [bit.ly/InfantsHome](https://bit.ly/InfantsHome)**