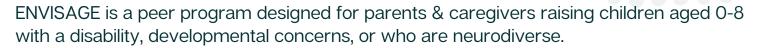




EVIDENCE BASED

Free Parent Program





The program is designed to help you:

- Feel more **confident and competent** in making decisions for your family
- Discover practical, evidence-based strategies to help you better understand and advocate for your child's needs.
- Connect with others who may be on similar journeys and share experiences

How does the program work?

All workshops are **interactive**, combining presentations with in-depth group discussions and practical exercises.



5 x Weekly Workshop Sessions



Up to 90 minutes per workshop



Facilitated by a qualified health professional and a parent peer



No cost to you. Your child does not need a NDIS plan or diagnosis to participate.

Upcoming in-person program



Monday Weekly Sessions 10 Feb - 10 March



10:30am-12pm



Hosted at The Infants' Home Child and Family Service 17 Henry St, Ashfield



} Facilitated by Lifestart and Kindred

How to register

Scan the QR Code or click here to register for the program





(07) 3861 6079



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https://envisage.community