



EVIDENCE BASED

Free Parent Program



Co-Developed with Families for Families

ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse.


The program is designed to help you:


- Feel more **confident and competent** in making decisions for your family
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may be on similar journeys and share experiences


How does the program work?

All workshops are **interactive**, combining presentations with in-depth group discussions and practical exercises.

 5 x Weekly Workshop Sessions


 Up to 90 minutes per workshop

 Facilitated by a qualified health professional and a parent peer

 No cost to you. Your child does not need a NDIS plan or diagnosis to participate.

Upcoming in-person program

 **Monday Weekly Sessions**
10 Feb - 10 March

 **10:30am-12pm**


 **Hosted at The Infants' Home
Child and Family Service**
17 Henry St, Ashfield

 **Facilitated by Lifestart
and Kindred**

How to register

Scan the QR Code or [click here](#) to register for the program



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 <https://envisage.community>